

12-5-2013

Physical, Mental, Spiritual, Social

Sarah Denoyo
Western Oregon University

Tyler Rummel
Western Oregon University, trummel12@wou.edu

Shelby Worthing
Western Oregon University, sworthing13@wou.edu

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Recommended Citation

Denoyo, Sarah, Rummel, Tyler, and Shelby Worthing. "Physical, Mental, Spiritual, Social." Poster presented at the First Year Experience Symposium, Western Oregon University, December 5, 2013.

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I've learned to be ok with being lonely
- Amber

I have learned to improve my academic skills
- Being Alone

I have become more independent from my parents
- Sammie

I have learned from leadership to spend my time productively!
- Quinlan

Physical

Mental

Social

Spiritual

I have managed to grow in college by being open about my struggles and asking for help
- Sam

The distance between my family and I has helped me grow as a person and learn to be independent

I have learned to be more productive by having a schedule, keeping a healthy diet, and staying up on my assignments
- Owen/Sarah

I have learned to grow & succeed in college by committing to myself and not being afraid to ask for help
- Sam

Being more independent is a good thing
- Tyler
- Kimmel



By [unclear]