

12-5-2013

# Organization and Time Management: How to be a Good Student

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## Recommended Citation

Martinez, Virginia, Camp, Ashley, Simmons, Bridgette, and Martinique Willis. "Organization and Time Management: How to be a Good Student." Poster presented at the First Year Experience Symposium, Western Oregon University, December 5, 2013.

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# Organization/ Time management

How to be a good student

Good

12 pm	Lunch
1 pm	Class starts
2 pm	
3 pm	Class ends
4 pm	Study
5 pm	Gym
6 pm	Shower
7 pm	Dinner

8 pm	Study
9 pm	Socialize
10 pm	Watch TV
11 pm	Bed
12 am	
1 am	
2 am	
3 am	

4 am	
5 am	
6 am	
7 am	Gym
8 am	Shower
9 am	Breakfast
10 am	Club Meeting
11 am	Volunteer at a local organization
12 pm	Lunch

- Have a schedule and follow it
- Keep yourself hydrated/ don't skip meals
- Try to get a minimum of 8 hours of sleep as often as possible
- Try new things
- Form a study group

- Stay focused, never lose sight of your goals
- Have a healthy relationship with your roommate
- Have personal hygiene
- Use resources that are available (writing center, tutoring center, and library)

- Use 3Q3R for reading and writing assignments (survey, question, read, recite, review)
- Don't cram. Many study slots, but small study slots
- Take breaks, letting your mind rest
- Ask questions

Visit with your professors during their office hours

- Get involved with clubs and organizations
- Socialize
- Exercise
- Complete assignments on time

- Go to class
- Take a nap
- Eat lunch with friends after class
- Play video games/ socialize
- Homework
- Eat dinner with friends

- Homework
- Shower
- Party with friends
- Sleep

- Wake up
- Go to brunch
- Homework
- Eat breakfast before classes

Bad

12 pm	Skip class to eat lunch with friends
1 pm	Take nap
2 pm	
3 pm	Play Video Games
4 pm	Socialize
5 pm	
6 pm	Eat dinner with friends
7 pm	Shower/get ready for party

8 pm	Pre-gaming
9 pm	
10 pm	Party Time!!
11 pm	
12 am	
1 am	
2 am	Get home and go to bed
3 am	

4 am	
5 am	
6 am	
7 am	
8 am	
9 am	
10 am	
11 am	
12 pm	Wake up and go to brunch